

October 2026

ChefAdvantage

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

5
Creamy Chicken Alfredo Pasta
Or: Creamy Alfredo Pasta
With:
Steamed Green Beans
Mandarin Oranges

6
Cheese Pizza Dippers
With:
Marinara Sauce
Steamed Green Peas
Diced Peaches

7
All-American BBQ Hamburger
Or: Gardenburger
With:
Soft Bun
BBQ Sauce
Mashed Potatoes
Diced Pineapple

1
Twist & Shout Mac 'N Cheese
With:
Steamed Green Beans
Strawberry Applesauce

2
Luca's Nut-Free Chicken Trenette Al Pesto
Or: Vegetarian Trenette Al Pesto
With:
Steamed Peas
Diced Pineapple

12
Turkey Meat Sauce Pasta
Or: Cheesy Tomato Pasta
With:
Shredded Cheese
Vegetable Medley
Diced Peaches

13
Breaded Chicken Sandwich
Or: Black Bean Burger
With:
Soft Bun
Honey Mustard
Baked Beans
Diced Pears

14
Parmesan Chicken and Rice
Or: Creamy Parmesan Rice
With:
Steamed Green Beans
Yogurt Cup

8
Whole Grain Popcorn Chicken
Or: Vegetarian Nuggets
With:
Honey Mustard
Baked Beans
Applesauce

9
Chicken Quesadilla
Or: Bean & Cheese Burrito
With:
Steamed Carrots
Diced Pears

19
Cheesy Tomato Pasta
With:
Steamed Green Beans
Diced Pears

20
Southwest Turkey Burger
Or: Gardenburger
With:
Soft Bun
Southwest Ranch Dressing
Steamed Green Peas
Diced Pineapple

21
BBQ Chicken Sandwich
Or: Black Bean Burger
With:
Soft Bun
Vegetable Medley
Applesauce

15
Tex-Mex Turkey Soft Taco
Or: Bean & Cheese Burrito
With:
Cheddar Cheese
Shredded Lettuce
Steamed Green Peas
Mandarin Oranges

16
Italian Chicken Pasta
Or: Edamame Italian Pasta
With:
Steamed Carrots
Diced Pineapples

26
Turkey Cheeseburger Mac
Or: Cheesy Mac
With:
Steamed Green Peas
Diced Pears

27
All-American BBQ Hamburger
Or: Gardenburger
With:
Soft Bun
BBQ Sauce
Baked Beans
Diced Pineapples

28
Tuscan Chicken Pasta
Or: Creamy Tuscan Pasta
With:
Steamed Green Beans
Diced Pears

22
Fiesta Chicken Taco
Or: Bean & Cheese Burrito
With:
Cheddar Cheese
Shredded Lettuce
Steamed Green Beans
Mandarin Oranges

23
Personal Cheese Pizza
With:
Steamed Carrots
Diced Peaches

29
Whole Grain Chicken Nuggets
Or: Vegetarian Nuggets
With:
Honey Mustard
Steamed Green Peas
Diced Peaches

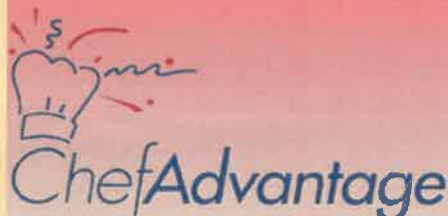
30
French Toast Sticks
Or: Vegetarian Sausage
With:
Turkey Sausage
Waffle Syrup
Applesauce
Fruit Yogurt Cup

770-421-9550
www.ChefAdvantage.com

V = Vegetarian Entrée Options

Milk Served with Lunch Daily

Steamed Vegetable Substitute



ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

October 2026

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Allergen List

Monday

Tuesday

Wednesday

Thursday

Friday

5
Chicken Alfredo Pasta
 Wheat, Milk
 Green Beans None
 Oranges None
Creamy Alfredo Pasta**
 Wheat, Milk

6
Cheese Pizza Dippers**
 Egg, Wheat, Milk, Soy
 Marinara Sauce None
 Peas None
 Peaches None

7
Hamburger
 Soy
 Soft Bun Wheat
 BBQ Sauce None
 Mashed Potatoes None
 Pineapple None
Gardenburger**
 Wheat, Soy, Milk

1
Pasta**
 Wheat, Milk
 Green Beans None
 Applesauce None

2
Luca's Al Pesto
 Wheat, Milk, Soy
 Peas None
 Pineapple None
Vegetarian Trenette Al Pesto**
 Milk, Wheat, Soy

12
Turkey Meat Sauce Pasta
 Wheat, Milk
 Shredded Cheese Milk
 Vegetable Medley None
 Peaches None
Cheesy Tomato Pasta**
 Wheat, Milk

13
Chicken Sandwich
 Wheat, Soy
 Soft Bun Wheat
 Honey Mustard Egg, Soy
 Baked Beans None
 Peas None
Black Bean Burger**
 Soy, Wheat

14
Parm Chicken & Rice
 Milk
 Green Beans None
 Yogurt None
Creamy Parmesan Rice**
 Milk

15
Turkey Taco
 Wheat
 Cheese Milk
 Lettuce None
 Peas None
 Oranges None
Bean & Cheese Burrito**
 Wheat, Milk

16
Italian Chicken Pasta
 Wheat, Soy, Milk
 Carrots None
 Pineapples None
Edamame Italian Pasta**
 Soy, Wheat

19
Cheesy Tomato Pasta**
 Wheat, Milk
 Mozzarella Milk
 Green Beans None
 Peas None

20
Turkey Burger
 Soy
 Soft Bun Wheat
 SW Ranch Egg, Milk
 Peas None
 Pineapple None
Gardenburger**
 Wheat, Soy, Milk

21
BBQ Chicken Sandwich
 Wheat, Soy
 Soft Bun Wheat
 Vegetable Medley None
 Applesauce None
Black Bean Burger**
 Soy, Wheat

22
Chicken Taco
 Wheat
 Cheese Milk
 Lettuce None
 Green Beans None
 Oranges None
Bean & Cheese Burrito**
 Wheat, Milk

23
Personal Cheese Pizza
 Wheat, Milk, Soy
 Carrots None
 Peaches None

26
Turkey Cheeseburger Mac
 Milk, Wheat
 Green Peas None
 Peas None
Cheesy Mac**
 Milk, Wheat

27
Hamburger
 Soy
 Soft Bun Wheat
 BBQ Sauce None
 Baked Beans None
 Pineapple None
Gardenburger**
 Wheat, Soy, Milk

28
Chicken Tuscan Pasta
 Milk, Wheat
 Green Beans None
 Peas None
Tuscan Pasta**
 Milk, Wheat

29
Chicken Nuggets
 Soy, Wheat, Milk
 Honey Mustard Egg, Soy
 Peas None
 Peaches None
Vegetarian Nuggets**
 Wheat, Soy, Egg

30
French Toast Sticks
 Soy, Wheat, Egg, Milk
 Turkey Sausage None
 Waffle Syrup None
 Applesauce None
 Yogurt Cup Milk
Vegetarian Sausage**
 Soy, Wheat, Milk, Egg

All Pasta Products are Processed in a Facility that Uses Egg

This list is comprised of the most common allergens, including eggs, soy products, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.



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